

Abstract of the Disclosure

An optical recording medium includes a main-information area in which a metal reflection film is formed on a substrate where a row of pits is formed as main data, and a sub-information area in which is recorded medium identification information, which is used to identify the optical recording medium individually, by removing the metal reflection film partially and forming a plurality of reflection-film removed areas. Information is reproduced by irradiating the metal reflection film with a beam of light. In the sub-information area, a row of pits or a guide groove is formed on the substrate, and a track pitch of the row of pits or the guide groove is at least $0.24\mu\text{m}$ wide and at most $0.45\mu\text{m}$ wide.